



Progressive Education Society's
MODERN COLLEGE OF ARTS, SCIENCE AND COMMERCE
GANESHKHIND, PUNE 16



Report on
“Soft Skill Workshop”

Department of Computer Science conducted *Soft Skill Workshop*. This workshop was sponsored by Board of Students' Development, Savitribai Phule Pune University. Workshop was conducted at “Shankarrao Kanitkar Sabhagruh” of college.

Dr. Sanjay Kharat, Principal of Modern College of Arts, Science and Commerce, Ganeshkhind inaugurates the workshop. During inauguration Mr. Nanasaheb Lokhande, Mr. Umesh Mali, IQAC Coordinator of college Mr. Parag Shah, Placement cell officer of Department Mr. Satish Ambike, Head Department of Computer Science Dr. S. S. Bhatambrekar, staff members of college, 112 under graduates and post graduates students of Computer Science, Zoology, Biotechnology, Chemistry departments of our college & of other colleges were present. Coordinator of Workshop Mr. Amol G. Patil gave detailed information about the workshop and what are soft skills. Dr. S. S. Bhatambrekar Head, Department of Computer Science, gave brief introduction about Department and about various activities department conduct for students development. Principal Dr. Sanjay Kharat shared real life examples which clear the need of soft skills in day to day life. He also discussed with students about the importance of soft skill in interviews, while working in office premises and in personal growth of students.

Three sessions were conducted in this workshop. First session was conducted by Mr. Nanasaheb Lokhande and topic of this session was “Pranayam Rahasya”. In this session he discussed with students on Yoga – A Philosophy of Life, body structure and functioning, mechanical analysis of yoga procedures, root causes of various human body disorders and how to kick out those disorders, techniques of management of High BP, Low BP, generation of energy in body, respiration, full protection from side effects of exposure to air condition, acupressure, unhealthy food and various other points. He also demonstrates few yoga steps which can be easily perform by students.

Second session was conducted by Mr. Umesh Mali. He has 22 years of work IT experience and presently working in the field of children education with Grammangal Pune as Associate Manager. He conducted session on Stress Management by giving real life examples on how students undergo stress, how students behave under stress, how to manage stress and discuss with students to resolve different types of stress.

Mr. Kaustubh Bhadbhade an Ex-Senior Manager- Human Resources of Persistent Systems Ltd. conducted third session of the workshop. He has 16 years of software industry experience in administration, Human Resource Management, Training and Recruitment. He discussed with students his experience of requirement, various scenarios of placements students go through & give important points regarding how to design resume, how to find jobs, how to prepare for interviews, face interviews and what students must do consistently for the overall growth of individual.

Certificates of workshop were distributed to all participants after third session. Breakfast & tea was provided to all the participants and speakers of workshop. Kartiki Jambhulkar and Abhinav Jadhav students of M.Sc I Computer Science do the anchoring of the complete workshop. Feedback was collected from all the participants by using feedback forms.