

## RESUME

### **Balaji Arjun Niwlikar**

MA (Psychology), NET (Psychology and Labor welfare)

#### **Career Objective:**

- To seek a challenging work in leading organization where my personal skills can be utilized to the maximum for organization's benefits and to achieve my career growth.
- To engage in learning and teaching processes so that while helping others I can still improve myself in an esteemed organization.

#### **Educational Qualifications:**

<b>EXAMINATION</b>	<b>YEAR OF PASSING</b>	<b>UNIVERSITY/ BOARD</b>	<b>PERCENTAGE OBTAINED</b>
PGD Buddhist Psychology & Therapy	June 2019	Department of Pali, Savitribai Phule Pune University	O Grade
NET (Labour welfare/HRM/Personnel management)	June 2019	University Grant Commission	Qualified
Ph.D.	Registered 2015	Department of Psychology, Savitribai Phule Pune University	Pursuing - 5 <sup>th</sup> year
NET (Psychology)	May 2014	University Grant Commission	Qualified
M.A (Psychology)	June 2014	Department of Psychology, Savitribai Phule Pune University	62.38
B.A (Psychology)	May 2010	YCMOU, Nashik	62.67
HSC	February 2005	Maharashtra State Board, Pune	71.83
SSC	April 2003	Maharashtra State Board, Pune	70.13

**Work Experience:**

- Two years of teaching experience as Assistant Professor for post-graduation and graduates S.P. College Pune.
- One year of teaching experience as Assistant Professor in Nowrosjee Wadia College, Pune
- Teaching as Assistant Professor in Modern College Ganeshkhind, Pune Since August 2020.

**Research work:**

- A research paper published in UGC CARE list journal 'Think India' titled, 'Quality of work life among day shift and night shift employee (December 2019).
- Presented paper in 12<sup>th</sup> National Conference of Indian Association of Mental Health, 2019, on Resilience and Mental Health among college students'.
- Presented paper in Marathi Manasshatra Parishad 2018, on topic Big five personality dimensions and modernity among college students'.
- Published paper in 'Souvenir' of Marathi Manasshatra Parishad 2015, on topic 'Openness, job satisfaction and depression among male and Female Bank Employees.'

**Certifications:**

- Completed PGD in Buddhist Psychology & Psychotherapy from Pali department, SPPU.
- Basic counselling course at Christian Counselling Centre, Vellore. Tamilnadu.
- Completed one-year certificate course of Buddhist Studies from SPPU, Pune.
- Completed two 10 days Vipassana Course at Igatpuri , Nashik.

**Technical and Counselling Skills:**

- Basic Computer and Microsoft office knowledge.
- Basic SPSS and R software knowledge.
- Psychological Testing- Able to use psychometric test like Intelligence, Personality, Aptitude, Interest tests etc.
- Psychological Experiments- Able to conduct psychological experiments.
- Counselling- Conduction of basic counselling for students or employees.

**Subjects taught:** PG and UG (From 2015-2021)

- Organizational Behaviour
- Organizational Development
- Personnel Psychology
- Human Resource management
- Counselling
- Personality
- Motivation Emotion
- Learning and Memory
- Cognitive Psychology
- Research Methodology
- Psychological Testing Theory
- Health Psychology
- Developmental psychology
- Social Psychology
- Positive Psychology

I hereby declare that the above information provided by me is true to the best of my knowledge.

**Balaji Arjun Niwlikar**