

**Progressive Education Society's
MODERN COLLEGE OF ARTS, SCIENCE AND COMMERCE
Ganeshkhind, Pune.**

Skill Development Course

Department Name: Psychology

Course Name: Skills in Psycho Social Counseling

Duration of Course: 2 months

Course Co-ordinator's Name: Dr Sadhana Natu

1. Board of Studies of Members:

Sr. No	Name of Persons	Designation
1.	Dr. Sadhana Natu	HOD, Counselor
2.	Dr. Bhargavi Davar	CBO Executive Director
3.	Dr. Suvarna Bobade	Assistant Counselor

2. Curriculum of the Syllabus: 6 Modules- 3 Credits

Sr.No	Name of Topic	No. of Lectures	No. of Practicals
1.	Mental Health Spectrum	2	2
2.	Measurement of Psycho- Social Status	2	2
3.	Human Rights of Persons with Psychosocial Disabilities	2	2
4.	Basic Psycho social counseling	2	2
5.	Advanced Psycho social counseling, Non formal care	2	2
6.	Prevention, promotion strategies in mental health care	2	2

3. Reference Books:

1. Handbook in Counselling – Richard Nelson
 2. WHO Resource book for mental health care
 3. Counselling Psychology - Charles Gelso
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4. Objectives of the Course

Sr.No	Objectives of the course	Remark
1.	Curriculum Enhancement	Enhancement and hands on skills
2.	Value Addition	Context exposure
3.	Employability	In various sectors
4.	Feedback received from stakeholders	Felt need of students, NGO employees
5.	Innovative	Combines theory, rights and practical skills
6.	Best practices	Academician, Practitioner, NGO partnership
7.	Student Progression	Useful in MA, Research

5. Signatures of Board of Studies:

a. _____

b. _____

c. _____